



A LONG TALK

ABOUT THE UNCOMFORTABLE TRUTH

ALongTalk.com 

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[@ALongTalk2020](https://twitter.com/ALongTalk2020) 

ABOUT

Purpose

Erase racism and dismantle systemic oppression in America.

Mission

To energize, activate, and empower allies in the pursuit of our shared purpose by engaging in an ongoing conversation focused on truth, understanding, and problem solving, leading to individual, and cooperative activism.

Experience

Day 1:
Unpacking Your Truth

Day 2:
Finding Your Voice

Day 3:
Activating Your Activism

What is A Long Talk About The Uncomfortable Truth?

A Long Talk About The Uncomfortable Truth (ALTATUT) is an anti-racism experience designed to expose participants to a level of truth about the duration, violence, and intentionality of the systems of oppression which have existed in America since its inception. It is an open and honest discussion designed to explore and give voice to the uncomfortable truth that is our shared history. ALTATUT is an ongoing conversation that will serve as a catalyst for creating a culture of individual and collective anti-racism activism.

Who is A Long Talk About The Uncomfortable Truth designed for?

Our target audience consists of people who are committed to standing on the right side of history when it comes to the issues of racism and white supremacy in America. These participants are looking to explore text, documentaries, and music while engaging in real and honest dialogue to deepen their understanding. Once armed with the truth and a shared purpose, we empower these participants to become vocal anti-racists in the spaces where they operate daily (home, office, community).

How is the work for A Long Talk About The Uncomfortable Truth achieved?

ALTATUT is a combination of prework, followed by three days of 90-minute virtual workshops lead by a team of qualified facilitators.

- Prework: Multi-media collection of content reflecting the truth about the racist history of the United States and the impact it has had on society.
- Virtual Workshops: Facilitator-led workshops where participants work in large and small group settings to engage in reflective conversations. Participants are asked to listen, view, and respond in real time.

CLIENTS



"A Long Talk is a powerful look at this country's history founded on the concept of the supremacy of whites and the utilization of Black people to build the economy that would lead to the US becoming the richest in the world. It provides the context for why we are where we currently are in terms of racial inequality. It pushes each of us to confront our complicity in the status quo and make a choice to stand on the side of racial injustice and inequality or join the fight and become an anti-racist ally committed to act in impactful ways."

Nat Graham, Assistant Coach, University of Pennsylvania

"In my 24 years as a white college basketball coach "A Long Talk" presentation lead by Kyle Williams was the most impactful and eye-opening education I have received. It made me see where I was, and I am and where I need to go as a leader of young black men. We all have work to do and "A Long Talk" helped me realize I can't waste time."

Mike Rhoades, Head Coach, Virginia Commonwealth University

"Great presentation. Continue intellectually educating white people. Give us white people the ammunition to fight the fight with other white people. We have to do it for our black brothers and sisters. They have done all their part. We have to add to their power."

Jay Wright, Head Coach, Villanova

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